



April is National Garden Month. Consider planting some seeds at home. You can start your seeds indoors in a small container (an empty cereal bowl from school would work well) and move them outside to a patio or garden plot when the weather allows.



MONDAY



1 percent milk provided Daily.
*WG = Whole Grain
NO SCHOOL 06

Beef Hot Dog/Bun 1 Ea.
Smile Fries 4 oz
Baked Beans 4 oz
Fruit 4 oz
Milk 8 Fl oz 3

WG Chicken Patty 1ea.
WG Bun 1 ea.
Tater Tots 4 oz
Baked Beans 4 oz
Fruit, Milk 4 oz, 8 Fl oz 10

WG Corn Dog 1 ea.
Smile Fries 4 oz
Baked Beans 4 oz
Fruit 4 oz
Milk 8 Fl oz 17

TUESDAY



Cheeseburger 3 oz
WG Bun 1 ea.
Tater Tots 4 oz
Baked Beans 4 oz
Fruit, Milk 4 oz, 8 Fl oz 07

Chicken Alfredo 4 oz
WG Pasta 3/4c
WG Garlic Bread 1 ea.
Steamed Broccoli 4 oz
Fruit, Milk 4 oz, 8 Fl oz 4

WG Spaghetti 3/4c
w/Sauce 4 oz
WG Garlic Bread 1 ea.
Steamed Broccoli 4 oz
Fruit, Milk 4 oz, 8 Fl oz 21

WG Chicken Nuggets 3 oz
Mashed Potato, Gravy 4oz
WG Dinner Roll 1 ea.
Steamed Corn 4 oz
Fruit, Milk 4oz, 8 Fl oz 28

WEDNESDAY

BBQ Meatballs 4 oz
Steamed Carrots 4 oz
WG Dinner Roll 1 ea.
Fruit 4 oz
Milk 8 Fl oz 01

Orange Chicken 4 oz
Brown Rice 3/4c
Steamed Broccoli 4 oz
Fruit 4 oz
Milk 8 Fl oz 18

Walking Taco 2oz, 1 oz
W/Fixing 2 oz, 1 oz
Refried Beans 4 oz
Fruit 4 oz
Milk 8 Fl oz 15

Chicken Tacos 3oz.
W/Fixings 1 oz, 1oz
Refried Beans 4 oz
Fruit 4 oz
Milk 8 Fl oz 2

BBQ Meatballs 3 oz
Steamed Carrots 4 oz
WG Dinner Roll 1 ea.
Fruit 4 oz
Milk 8 Fl oz 29

THURSDAY

No School 02

*Pulled Pork 3 oz.
WG Bun 1 ea.
Chips 1 oz
Fruit, Green Beans 4oz
Milk 8 Fl oz 09

WG Cheese Pizza 1 Ea.
Romain Salad 3/4c
Steamed Carrots 4 oz
Fruit 4 oz
Milk 8 Fl oz 5

WG Mac & Cheese 8 oz
WG Garlic Bread 1 ea.
Steamed Peas 4 oz
Fruit 4 oz
Milk 8 Fl oz 3

WG Cheese Pizza 1 ea.
Romain Salad 3/4c
Green Beans 4 oz
Fruit 4 oz
Milk 8 Fl oz 30

FRIDAY

*This School is and equal opportunity provider
NO SCHOOL 03

WG Chicken Patty 1ea.
WG Bun 1ea.
Brown Rice 3/4c
Fruit, Corn 4oz, 4 oz
Milk 8 Fl oz 10

WG Mini Corn Dogs 6 ea.
Baby Carrots 4 oz
Chip 1 oz
Cookie 1 oz
Fruit, Milk 4 oz, 8 Fl oz 7

Italian Dunker 1 ea.
Marinara Sauce 2 oz
Baby Carrots 4 oz
Fruit 4 oz
Milk 8 Fl oz 14

*Fresh vegetables available daily.

