



February is National Hot Breakfast Month. A hot breakfast can be anything from pancakes and waffles to breakfast sandwiches to oatmeal or cream of wheat. Which hot breakfasts will you try this month?



BREAKFAST

MONDAY

WG Mini Cinni Roll 1 pkg
Yogurt 1 ea.
Fruit Cup 4 oz
Juice Cup 4oz
Milk 8Fl oz

TUESDAY

WG Assorted Cereal 3/4C
Yogurt 1 ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8Fl.

WEDNESDAY

WG Assorted Muffins 1ea.
String Cheese 1ea.
Fruit Cup 4 oz
Juice Cup 4oz
Milk 8 Fl

THURSDAY

WG Pancakes 1 pkg
String Cheese 1 ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8 FL oz

FRIDAY

Scrambled Eggs 2oz
Asst WG Muffin 1 ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8 FL

WG UBR Bar 1 ea.
String Cheese 1 ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8 Fl oz

WG Assorted Muffins 1 ea.
Yogurt 1 ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8 Fl

WG Pancakes 1 ea.
String Cheese 1 ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8 FL

WG Mini Cinni Roll 1 pkg
Yogurt 1 es.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8 FL

WG Assorted Cereal 3/4C
Yogurt 1 ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8 FL

**Presidents' Day
NO
SCHOOL**

WG Mini Cinni Roll 1 pkg
Yogurt 1 ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8 FL oz

Cheese Omelet 1 ea.
Hashbrown 1 ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8 Fl

WG Assorted Cereal 3/4C
Yogurt 1 ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8 FL

WG Pancakes 1 pkg
String Cheese 1 ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8FL

WG Assorted Muffins 1 ea.
String Cheese 1 ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8 Fl

Scrambled Eggs 2 oz
Asst Muffin 2 oz
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8 FL

WG Pancakes 1 pkg
String Cheese 1 ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8 FL

WG Mini Cinni Roll 1 pkg
Yogurt 1 ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8 FL

WG UBR Bar 1 ea.
String Cheese 1 ea.
Fruit Cup 4 oz
Juice Cup 4 oz
Milk 8 Fl



WG =Whole Grain
1 percent milk provided
daily.

*This institution is an
equal opportunity
provider.



ST. John's Lutheran School

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