



November is National Peanut Butter Lovers Month. Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich.



MONDAY

1 percent Milk provided daily.

*WG = Whole Grain

WG Corn Dog 1 Ea.
Smile Fries 4 oz
Baked Beans 4 oz
Fruit 4 oz
Milk 8 FL

03

TUESDAY

***Fresh vegetables available daily.**

WG Popcorn Chicken 3 oz
Mashed Potato, Gravy 4 oz
WG Dinner Roll 1 Ea.
Steamed Corn 4 oz
Fruit, Milk 4 oz, 8 FL

04

WEDNESDAY



BBQ Meatballs 3 oz
Steamed Carrots 4 oz
WG Dinner Roll 1 Ea.
Fruit 4 oz
Milk 8 FL

15

THURSDAY



WG Beefy Nachos 3 oz, 1oz
Refried Beans 4 oz
Salsa 2 oz
Fruit 4 oz
Milk 8 FL

06

FRIDAY



WG Italian Dunkers 1 Ea.
Marinara Sauce 2 oz
Baby Carrots 4 oz
Fruit 4 oz
Milk 8 FL

17

Cheeseburger 3 oz
WG Bun 1 Ea.
Tater Tots 4 oz
Baked Beans 4 oz
Fruit, Milk 4 oz, 8 FL

10

WG Orange Chicken 3 oz
Brown Rice 1 C
California Blend 4 oz
Fruit 4 oz
Milk 8 FL

11

WG Grilled Cheese 1 Ea.
Tomato Soup 3/4 c
Steamed Peas 4 oz
Fruit 4 oz
Milk 8 FL

12

WG French Toast 4 Ea.
*Pork Sausage 1 Ea.
Hashbrown 1 Ea.
Fruit 4 oz
Milk 8 FL

13

Grandparents Day!

14

Beef Hot Dog /Bun 1 Ea.
Smile Fries 4 oz
Baked Beans 4 oz
Fruit 4 oz
Milk 8 FL

17

Chicken Alfredo 4 oz
WG Pasta 1 C
WG Breadstick 1 Ea.
Steamed Broccoli 4 oz
Fruit, Milk 4 oz, 8 FL

18

Walking Taco 2 oz, 1 oz
w/ Fixings 2 oz, 1 oz
Black Beans 4 oz
Fruit 4 oz
Milk 8 FL

19

WG Cheese Pizza 1 Ea.
Romain Salad 3/4c
Fruit 4 oz
Milk 8 FL

20

WG Mini Corn Dog 6 Ea.
Baby Carrots 4 oz
Chip 1 oz
Cookie 1 oz
Fruit, Milk 4 oz, 8 FL

21

WG Chicken Patty 3 oz
WG Bun 1 Ea.
Tater Tots 4 oz
Baked Beans 4oz
Fruit, Milk 4 oz, 8 FL

24

WG Italian Dunkers 1 Ea.
Marinara Sauce 2 oz
Baby Carrots 4 oz
Fruit 4 oz
Milk 8 FL

25

NO SCHOOL

26

NO SCHOOL

27

NO SCHOOL

28



St. John's Lutheran School

*This institution is an equal opportunity provider.

NOVEMBER 2025