



September is **National Biscuit Month**. Try a breakfast sandwich on a biscuit or try out a new recipe with chicken and biscuits this month!

# BREAKFAST

## MONDAY

**\*WG = Whole Grain**  
1 percent milk provided daily.

01

## TUESDAY

WG Mini Cinni Roll 1 pkg  
Yogurt 1 Ea.  
Fruit Cup 4 oz  
Juice Cup 4 oz  
Milk 8 FL

02

## WEDNESDAY

WG Breakfast Pizza 1 pkg  
String Cheese 1 Ea.  
Fruit Cup 4 oz  
Juice Cup 4 oz  
Milk 8 FL

03

## THURSDAY

WG Assorted Cereal 3/4 C  
Yogurt 1 Ea.  
Fruit Cup 4 oz  
Juice Cup 4 oz  
Milk 8 FL

04

## FRIDAY

WG Pancakes 1 pkg  
String Cheese 1 Ea.  
Fruit Cup 4 oz  
Juice Cup 4 oz  
Milk 8 FL

05

WG Apple Frudel 1 pkg  
String Cheese 1 Ea.  
Fruit Cup 4 oz  
Juice Cup, Milk 4 oz, 8FL

08

WG Assorted Muffins 1 Ea.  
String Cheese 1 Ea.  
Fruit Cup 4 oz  
Juice Cup 4 oz  
Milk 8 FL

09

WG Pancakes 1 pkg  
String Cheese 1 Ea.  
Fruit Cup 4 oz  
Juice Cup 4 oz  
Milk 8 FL

10

WG Mini Cinni Roll 1 pkg  
Yogurt 1 Ea.  
Fruit Cup 4 oz  
Juice Cup 4 oz  
Milk 8 FL

11

WG Assorted Cereal 3/4C  
Yogurt 1 Ea.  
Fruit Cup 4 oz  
Juice Cup 4 oz  
Milk 8 FL

12

WG Pancakes 1 pkg  
String Cheese 1 Ea.  
Fruit Cup 4 oz  
Juice Cup 4 oz  
Milk 8 FL

15

WG Breakfast Pizza 1 pkg  
String Cheese 1 Ea.  
Fruit Cup 4 oz  
Juice Cup 4 oz  
Milk 8 FL

16

WG Assorted Cereal 3/4C  
Yogurt 1 Ea.  
Fruit Cup 4 oz  
Juice Cup 4 oz  
Milk 8 FL

17

WG Assorted Muffin 1 Ea.  
String Cheese 1 Ea.  
Fruit Cup 4 oz  
Juice Cup 4 oz  
Milk 8 FL

18

WG Apple Frudel 1 Pkg  
String Cheese 1 Ea.  
Fruit Cup 4 oz  
Juice Cup 4 oz  
Milk 8 FL

19

WG Mini Cinni Roll 1 pkg  
Yogurt 1 Ea.  
Fruit Cup 4 oz  
Juice Cup 4 oz  
Milk 8 FL

22

WG Assorted Cereal 3/4C  
Yogurt 1 Ea.  
Fruit Cup 4 oz  
Juice Cup 4 oz  
Milk 8 FL

23

WG Assorted Muffins 1 Ea.  
String Cheese 1 Ea.  
Fruit Cup 4 oz  
Juice Cup 4 oz  
Milk 8 FL

24

WG Pancakes 1 pkg  
String Cheese 1 Ea.  
Fruit Cup 4 oz  
Juice Cup 4 oz  
Milk 8 FL

25

WG Breakfast Pizza 1 pkg  
String Cheese 1 Ea.  
Fruit Cup 4 oz  
Juice Cup 4 oz  
Milk 8 FL

26

WG Apple Frudel 1 pkg  
String Cheese 1 Ea.  
Fruit Cup 4 oz  
Juice Cup 4 oz  
Milk 8 FL

29

WG Pancakes 1 pkg  
String Cheese 1 Ea.  
Fruit Cup 4 oz  
Juice Cup 4 oz  
Milk 8 FL

30



# St. John's Lutheran School

\*This institution is an equal opportunity provider.

# SEPTEMBER 2025