

APRIL 2025 St. John's Lutheran School

BREAKFAST



School Information: *WG = Whole Grain.
*This institution is an equal opportunity Provider.
1 percent milk provided daily.



Nutrition Tip: Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WG Mini Cinni Roll
Yogurt
Fruit Cup
Juice Cup
Milk

1

WG Breakfast Pizza
Bagel
Fruit Cup
Juice Cup
Milk

2

WG Assorted Cereal
Yogurt
Fruit Cup
Juice Cup
Milk

3

WG Pancakes
String Cheese
Fruit Cup
Juice Cup
Milk

4

WG Apple Frudel
String Cheese
Fruit Cup
Juice Cup
Milk

7

WG Breakfast Pizza
Bagel
Fruit Cup
Juice Cup
Milk

8

WG Assorted Muffin
Yogurt
Fruit Cup
Juice Cup
Milk

9

WG Assorted Cereal
Yogurt
Fruit Cup
Juice Cup
Milk

10

WG Mini Cinni Roll
Yogurt
Fruit Cup
Juice Cup
Milk

11

WG Pancakes
String Cheese
Fruit Cup
Juice Cup
Milk

14

WG Assorted Muffin
String Cheese
Fruit Cup
Juice Cup
Milk

15

WG Assorted Cereal
Yogurt
Fruit Cup
Juice Cup
Milk

16

WG Mini Cinni Roll
Yogurt
Fruit Cup
Juice Cup
Milk

17

**NO
SCHOOL**

18

**NO
SCHOOL**

21

WG Mini Cinni Roll
Yogurt
Fruit Cup
Juice Cup
Milk

22

WG Breakfast Pizza
Bagel
Fruit Cup
Juice Cup
Milk

23

WG Apple Frudel
String Cheese
Fruit Cup
Juice Cup
Milk

24

WG Assorted Muffin
Yogurt
Fruit Cup
Juice Cup
Milk

25

WG Assorted Cereal
Yogurt
Fruit Cup
Juice Cup
Milk

28

WG Pancakes
String Cheese
Fruit Cup
Juice Cup
Milk

29

WG Mini Cinni Roll
Yogurt
Fruit Cup
Juice Cup
Milk

30

